

Farm Gal Smashes American Indoor Mile Record

Recently, a Vermont farm gal set a new American Indoor Mile Record. She not only set the record ... she smashed it, breaking a 37-year-old record by nearly 4 seconds!

Ellie Purrier ran a mile in 4:16.85 at the 113th Millrose Games, held at The Armory in New York City. According to NBC Sports, Ellie's time is the world's second-fastest time in history.

During the last lap of the mile competition, Ellie moved into second place. With a furious kick, she out-paced the German competitor Konstanze Klosterhalfen to finish in first place.

Elle grew up on a dairy farm near Montgomery, VT. The farm has been in her family since 1904. During high school, she would rise at 5 a.m. to milk the cows and do other chores.

Congratulations Elle on this fantastic accomplishment! We're dairy-proud of you!

